


1628 E. Southern Unit K
 Tempe, Arizona 85282

FLUID MARTIAL ARTS

www.fluidmartialarts.com
 480.650.0832

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
6							6
9						Youth Kenpo Sparring 9:00 am - 9:50 am Adult Kenpo 9:00 am - 10:00 am	9
10						Youth Brazilian Jiu-Jitsu 10:00 am - 10:50 am Muay Thai 10:00 am - 11:00 am	10
11						Open Sparring / MMA 11:00 am - 12:00 pm	11
12						BJJ Open Mat 12:00 pm - 1:00 pm	12
4	Fluid Fit Conditioning 4:30 pm - 5:00 pm	Fluid Fit Conditioning 4:30 pm - 5:00 pm	Fluid Fit Conditioning 4:30 pm - 5:00 pm	Fluid Fit Conditioning 4:30 pm - 5:00 pm	Fluid Fit Conditioning 4:30 pm - 5:00 pm		4
5	Youth Kenpo 5:00 pm - 5:50 pm	Youth Brazilian Jiu-Jitsu 5:00 pm - 5:50 pm	Youth Muay Thai 5:00 pm - 5:50 pm	Youth Brazilian Jiu-Jitsu 5:00 pm - 5:50 pm	Youth Kenpo 5:00 pm - 5:50 pm		5
6	Fluid Fit Conditioning 6:00 pm 6:30 pm Kenpo 6:30 pm - 7:30 pm	Fluid Fit Conditioning 6:00 pm 6:30 pm Brazilian Jiu-Jitsu 6:30 pm - 7:30 pm	Fluid Fit Conditioning 6:00 pm 6:30 pm Kenpo 6:30 pm - 7:30 pm	Fluid Fit Conditioning 6:00 pm 6:30 pm Brazilian Jiu-Jitsu 6:30 pm - 7:30 pm	Fluid Fit Conditioning 6:00 pm 6:30 pm Kenpo 6:30 pm - 7:30 pm		6
7	Brazilian Jiu-Jitsu 7:30 pm - 8:30 pm	Muay Thai 7:30 pm - 8:30 pm	Brazilian Jiu-Jitsu 7:30 pm - 8:30 pm	Muay Thai 7:30 pm - 8:30 pm	Open Sparring / MMA 7:00 pm - 8:00 pm		7
8	BJJ Open Mat 8:30 pm - 9:00 pm	Muay Thai Sparring 8:30 pm - 9:00 pm	BJJ Open Mat 8:30 pm - 9:00 pm	Muay Thai Sparring 8:30 pm - 9:00 pm		fluidmartialarts.com	8

"Water can flow, or it can crash....be water my friend." - Bruce Lee